

A comparison between traditional bullying and cyberbullying

Ages 14–16



THE CYBERSMILE FOUNDATION

A comparison between traditional bullying and cyberbullying

OBJECTIVE

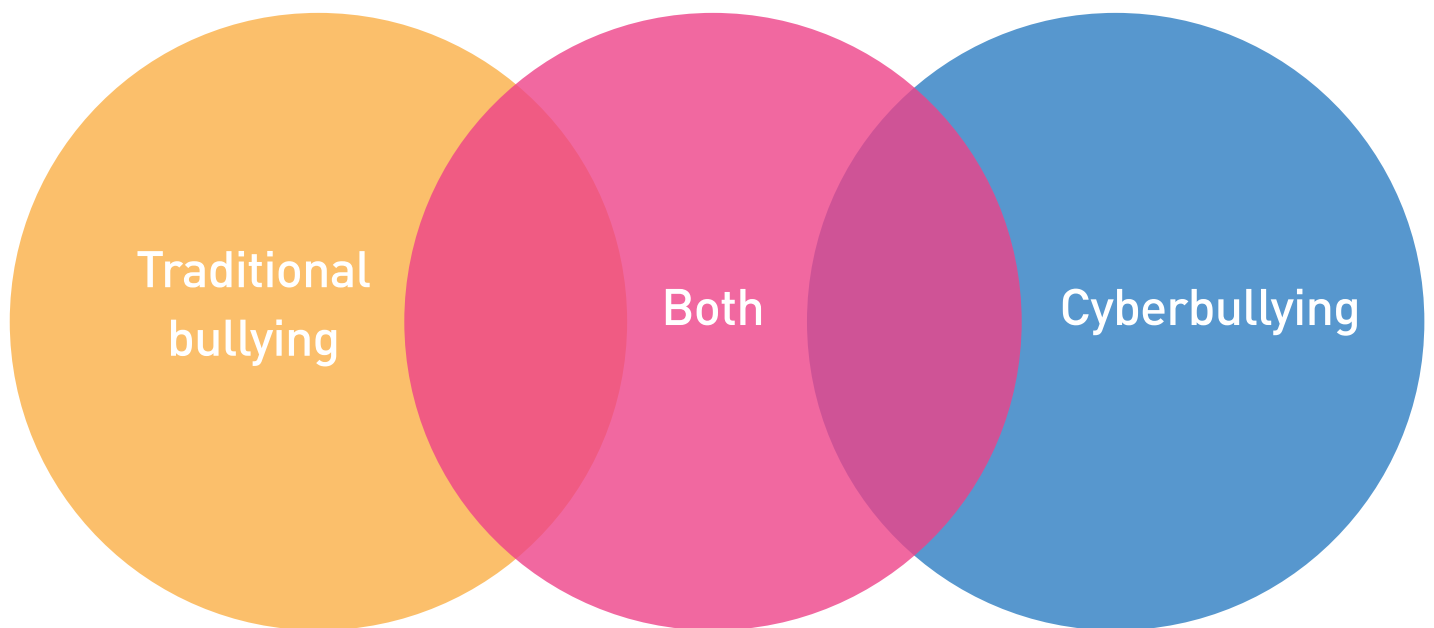
To know some of the similarities between traditional bullying and cyberbullying.

To know some of the differences between traditional bullying and cyberbullying.

OUTCOME

To understand that cyberbullying has dangerous effects separate to those of traditional bullying.

1. Traditional bullying? Cyberbullying? Or both?






1. LACK OF ADULT MONITORING

2. FACE-TO-FACE



3. ONLY ONLOOKERS CAN SEE



**4. MAINLY
OCCURS
ON SCHOOL
PROPERTY**



5. CAN CAUSE SAD FEELINGS



**6. CAN OCCUR AT
ANY TIME OR PLACE**

7. ANONYMOUS



8. BULLY CAN BE IDENTIFIED



9. NO SAFE PLACE TO HIDE



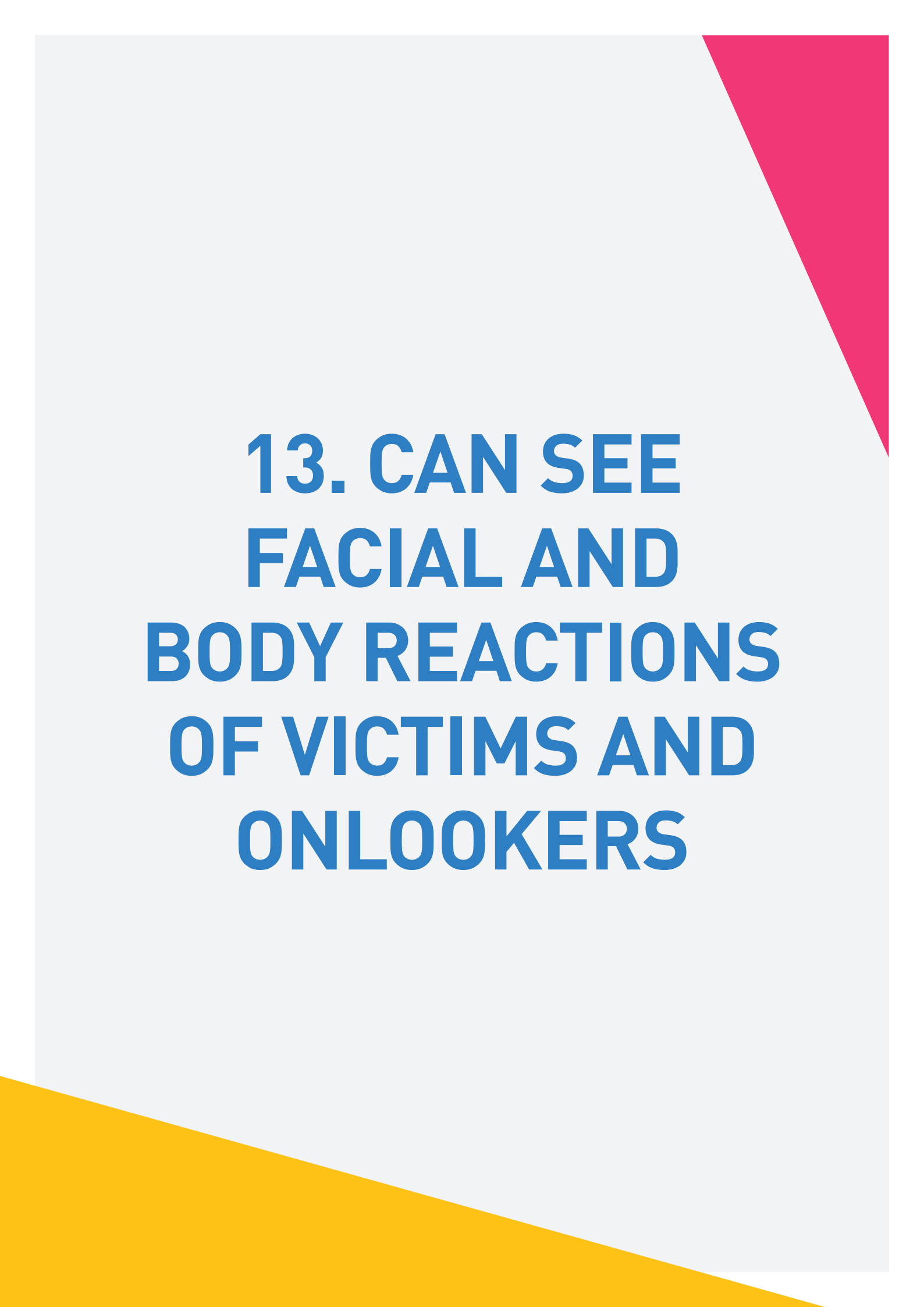
**10. EITHER
LONG TERM OR
SHORT TERM**




11. SHARED WITH A WIDE AUDIENCE



12. VICTIM CAN BE THE BULLY



**13. CAN SEE
FACIAL AND
BODY REACTIONS
OF VICTIMS AND
ONLOOKERS**



**14. VICTIMS
AND/OR
CYBERBULLIES
CANNOT
BE SEEN**

POSSIBLE

ANSWERS

TRADITIONAL BULLYING

Face-to-face
Mainly occurs on school property
Bully can be identified
Only onlookers can see
Can see facial and body reactions of victims and onlookers

BOTH

Lack of adult monitoring
Can cause sad feelings
Either long term or short term
Victims can become the bully

CYBERBULLYING

Anonymous
Can occur at any time or place
Shared with a wide audience
Victims and/or cyberbullies cannot be seen
No safe place to hide

10 MINS

14-16 YRS

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To know some of the differences between traditional bullying and cyberbullying.

OUTCOME

To understand that cyberbullying has dangerous effects separate to those of traditional bullying.

MATERIALS

A copy of slide 3 (Venn diagram) for each work group, paper, pens.

INSTRUCTIONS

1. Introduce the exercise to the class, and present the objectives and outcome.
2. Arrange everyone into pairs and present each pair with the Venn diagram (slide 3) and individual cutouts of the characteristics (slide 4-17).
3. Ask each pair to think of similarities and differences between traditional bullying and cyberbullying, and to sort them into the appropriate section of the Venn diagram: 1.) Traditional bullying (TB), 2.) Cyberbullying (CB), 3.) Both.
4. Go through their answers and discuss. You can see slide 18 for possible answers.
5. End the exercise by explaining to everyone that there are many similarities and differences between TB and CB, but CB has dangerous effects separate to TB such as it can happen at any time and you are likely to not know the person who is being rude to you.

EVALUATION

- Arrange everyone into two groups and get one half to debate that TB and CB are the same and the other half to debate that they are different. The debate can be about 5-10 minutes in duration.

NOTES

- Everyone can also work individually for the activity.
- Each person can draw out the Venn diagram instead of being given a copy of slide 3.