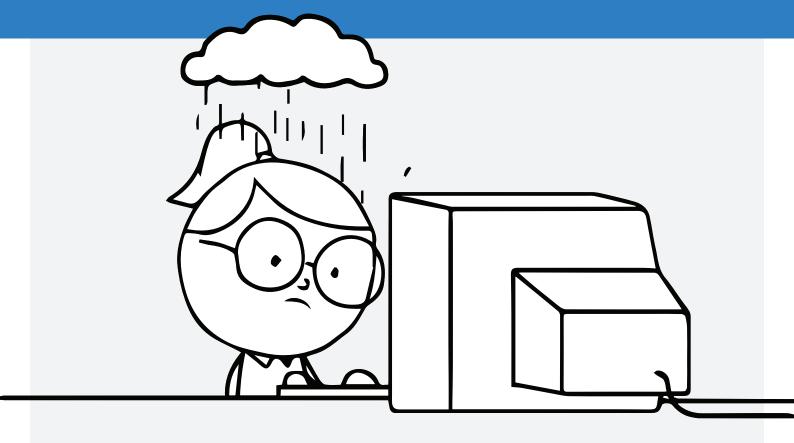
# What is cyberbullying?

Ages 11-14



# What is cyberbullying?



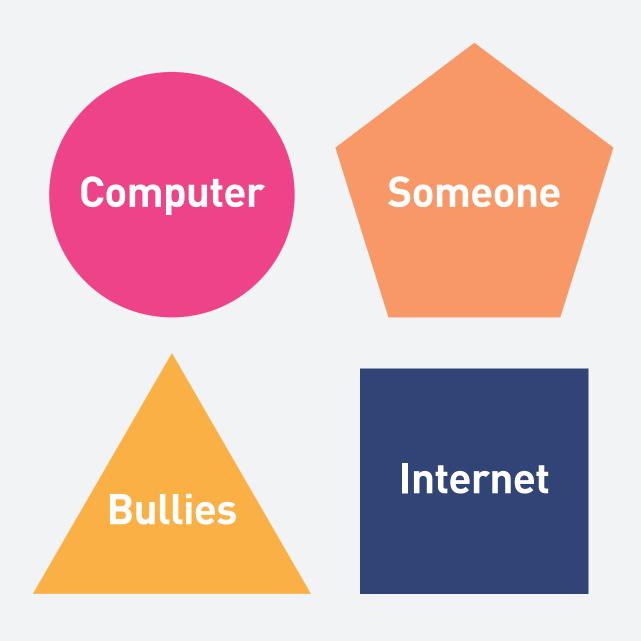
### **OBJECTIVE**

To learn the meaning of "cyberbullying."

### **OUTCOME**

To remember what the meaning of cyberbullying is and to be able to tell someone what cyberbullying is.

# What is cyberbullying?



## CYBER

Anything related to computers, phones or the internet.

## BULLYING

When someone is mean to you and makes you feel sad or weak.

You may know them or it could be a stranger.

### CYBERBULLYING

When someone bullies you on the computer, phone or over the internet.

# How important is it to know about cyberbullying?

**Not important** 

A bit important

**Quite important** 

Very important

15 MINS 11-14 YRS

## What is cyberbullying?

### **OBJECTIVE**

To learn the meaning of "cyberbullying."

### **OUTCOME**

To remember what the meaning of cyberbullying is and to be able to tell someone what cyberbullying is.

### **INSTRUCTIONS**

- 1. Introduce the exercise to the children, and present the objectives and outcomes.
- 2. Present the children with the following keywords and ask them to use the keywords (or similar) to produce a definition of cyberbullying: "computer," "bullies," "internet," "someone."
- 3. If they appear to be struggling, present the following definition of cyber: "anything related to computers, phones or the internet." Then present the following definition of bullying: "when someone is mean to you and makes you feel sad and weak."
- 4. Encourage volunteers to read their definitions aloud.
- 5. Present the children with the following definition of cyberbullying -"When someone bullies you on the computer, phone or over the internet."
- 6. Ask the children if they know anything else about cyberbullying.
- 7. Ask the children if they would like to share any experiences of cyberbullying and how it made them feel (be sensitive about the child's comfort when doing this exercise).
- 8. End the exercise by covering up the definition of "cyberbullying" (if presenting it using a computer) and asking each child to write down the definition off-by-heart. Tell them they'll be tested! Choose people at random to see if they have remembered it correctly.

### **EVALUATION**

- Following step 3, ask the children to compare their definitions of cyberbullying with another person.
- At the end, ask the children to rate on a scale how important it is to know about cyberbullying. (You can use the range scale on the accompanying slides to do this.)

### **NOTES**

• Do not worry if you do not have time to complete both activities. You can choose the one you feel will be most beneficial.