

Who's involved

Ages 14–16



THE CYBERSMILE FOUNDATION

Who's involved

OBJECTIVE

To learn about all the people involved in a cyberbullying situation.

OUTCOME

To realize how many people are affected by the actions of a cyberbully.

10 MINS

14-16 YRS

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MATERIALS

Plain paper, pens or markers.

INSTRUCTIONS

1. Introduce the exercise to the class, and present the objective and outcome.
2. Get the students into groups of 3 (or individually if there is a small group).
3. Ask them to create a mind-map of all the people they think are involved in a cyberbullying situation. Allow them around 5 minutes to do this.
4. Come back together and ask each group for their answers. While each group is doing this, create a tally on a board to see if there is agreement between any or all of the groups (you can also do this if there are a few people who are working individually).
5. Discuss the people they have written and those who they have not included such as eggers, bystanders, parents or people online.
6. End the exercise by explaining to everyone that a lot of people become affected by the behavior of one cyberbully, so it causes a lot of worry for a lot of people and not just for the cyber victim. Also ensure that they are told they may not always know who is cyberbullying them.

EVALUATION

- Discuss any differences between the answers that each group gives.
- At the end, ask everyone how they think eggers, bystanders, parents and school staff may end up getting involved in a cyberbullying situation.
- Also ask how each character can potentially improve or worsen a cyberbullying situation.

NOTES

- Provide the following definition of an "egger" if some people do not know what it is: "A person who encourages a cyberbully to continue their behavior."
- Provide the following definition of a "bystander" if some people do not know what it is: "A person who watches or witnesses a situation without getting involved."